

Q2.

NC Healthy Schools, within the NC Department of Public Instruction, is in the process of administering the 2019 Healthy Active Children Policy Survey. All local education agencies (LEAs) are required to report their progress on meeting the NC State Board of Education's Healthy Active Children (HAC) Policy, SHLT-000.

This survey is being conducted to address this reporting requirement.

The 2019 Healthy Active Children Policy Survey must be completed online by each LEA no later than September 15, 2019 and will take approximately 20 minutes to complete depending on your feedback. You may want to write your narrative, lists, and brief descriptions in Microsoft Word first and then paste them into the report form. If possible, we suggest working with colleagues to answer survey questions before completing the online survey. To assist with this effort, a pdf copy of the survey was included with your survey email invitation. Please note, if you exit the survey without finishing, you will not be able to return to the place in the survey where you stopped so please allow sufficient time to complete the survey. After completing the survey, click "DONE" and you will be redirected to the NC Healthy Schools website.

Thank you for your participation in this survey. Your input is vitally important to this process. The results from this survey will continue to help inform state administrators about student health-related issues.

Also note the information at the end of the survey regarding principal and superintendent attestation forms.

If you have questions regarding this survey, please contact Les Spell, Data and Policy Consultant for NC Healthy Schools, at 919-807-3939 or Les.Spell@dpi.nc.gov. When all reports have been collected electronically, survey results will be submitted to the Department of Public Instruction leadership and the State Board of Education.

Please click the arrow to begin the survey.

Q4. Select the name of your LEA from the drop-down list.

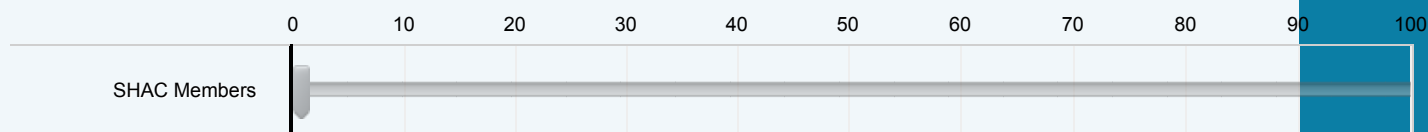
LEA

Q5. Please indicate the LEA SHAC contact person as appointed by the Superintendent.

First Name	<input type="text" value="Anita"/>
Last Name	<input type="text" value="Ware"/>
Title	<input type="text" value="Executive Director"/>
Address	<input type="text" value="400 West Marion Street"/>
City	<input type="text" value="Shelby"/>
State	<input type="text" value="North Carolina"/>
Zip Code	<input type="text" value="28152"/>
Phone Number	<input type="text" value="7044768075"/>
Email Address	<input type="text" value="afware@clevelandcountyschools.org"/>

Q6. Please list the names and titles of your SHAC members.

Q7. Please indicate the number of members on your SHAC.



Q8. Regarding the composition of your SHAC, please indicate if you have members that represent each of the coordinated school health components of the Whole School, Whole Community, Whole Child (WSCC) model listed below. (select all that apply)

- Health Education
- Physical Education & Physical Activity
- Nutrition Environment & Services
- Health Services
- Counseling, Psychological, & Social Services
- Social & Emotional Climate
- Physical Environment
- Employee Wellness
- Family Engagement
- Community Involvement
- If other representatives are not listed, please specify:

Q9. How often did your SHAC meet in the past year?

- More than once a month
- Monthly
- Four times
- Twice
- Once
- Other, please specify

Q10. Does your SHAC provide reports to any of the following? (Select all that apply.)

- Local Board of Education
- LEA Superintendent
- County Commissioners
- Local Board of Health
- Community/Public
- Other
- None of the above

Q11. Policy is defined as a definite course or method of action developed to guide and determine present and future decisions that will produce a specific outcome. Please list below the key Policy successes your SHAC achieved during the 2018-2019 school year.

Q12. Program and practice is defined as the way(s) that a plan or system is implemented in order to reach a specific goal. Please list below the key Program and Practice successes your SHAC achieved during the 2018-2019 school year.

Q13. Has your SHAC used any of the following assessment tools for your LEA? (Select all that apply.)

- Alliance for a Healthier Generation Assessment
- NC SHAC Manual Assessment Tool
- School Health Index (CDC)
- Local Wellness Policy Checklist
- WellSAT
- Other
- None of the above

Q14. Which of the following does your SHAC use to inform their work? (Select all that apply.)

- Youth Risk Behavior Survey (YRBS)
- Healthy Active Children Policy Report
- School Health Profiles Survey (Profiles)
- Other
- None of the above

Q15. Please arrange the following list of focus areas to indicate the priorities of your SHAC's work over the course of the past year. (Your SHAC's highest priority should be #1 and the lowest priority should be #13.) Areas of focus include: Alcohol and Other Drugs; Family and Community Involvement; Health Education; Health Services; HIV/STD/Teen Pregnancy Prevention; Injury and Violence Prevention; Mental Health, Counseling, Social Work; Nutrition; Physical Activity; Physical Education; Safe School Environment; Staff Wellness; Tobacco

Safe School Environment	1
Mental Health, Counseling, Social Work	2
Physical Education	3
Physical Activity	4
Staff Wellness	5
Health Services	6

Health Education	7
Alcohol and Other Drugs	8
Family and Community Involvement	9
HIV/STD/Teen Pregnancy Prevention	10
Injury and Violence Prevention	11
Nutrition	12
Tobacco	13

Q17. Does your SHAC use an Action Plan to guide their work?

- Yes
 No

Q18. What resources and/or additional assistance do you need. (Select all that apply.)

- Capacity Building, i.e. team building, conflict resolution
 Evaluation
 Healthful Living Standard Course of Study
 Local Wellness Policy
 Needs Assessment
 Policy Development
 Successful Fundraisers
 Web-Based Resources
 Content Based Training (please specify)
 Other

Q19. In order to promote student health and reduce childhood obesity, does your Local Wellness Policy include:

	Yes	NO
Appropriate, evidence-based goals for nutrition education.	<input checked="" type="radio"/>	<input type="radio"/>
Appropriate, evidence-based goals for nutrition promotion.	<input checked="" type="radio"/>	<input type="radio"/>
Appropriate, evidence-based goals for physical activity.	<input checked="" type="radio"/>	<input type="radio"/>
Appropriate, evidence-based goals for other school-based activities designed to promote student wellness, reduce childhood obesity and address child hunger.	<input checked="" type="radio"/>	<input type="radio"/>
Nutrition guidelines for all foods and beverages sold on each school campus during the school day that are consistent with Federal regulations for school meal nutrition standards and the Smart Snacks in School nutrition standards.	<input checked="" type="radio"/>	<input type="radio"/>

Nutrition guidelines for all foods and beverages provided but not sold on the school campus during the school day, such as foods and beverages brought into the classroom for parties and events.



Policies for food and beverage marketing that restrict marketing and advertising to only those foods and beverages that meet Federal regulations for school meals nutrition standards and Smart Snacks in Schools nutrition standards.



Involvement of families, students, representatives of the school nutrition program, teachers of Physical Education, school health professionals, the school board, school administrators and the public in the development, implementation and periodic review and update of the Local Wellness Policy.



Communication to the public about the content and implementation of the Local Wellness Policy.



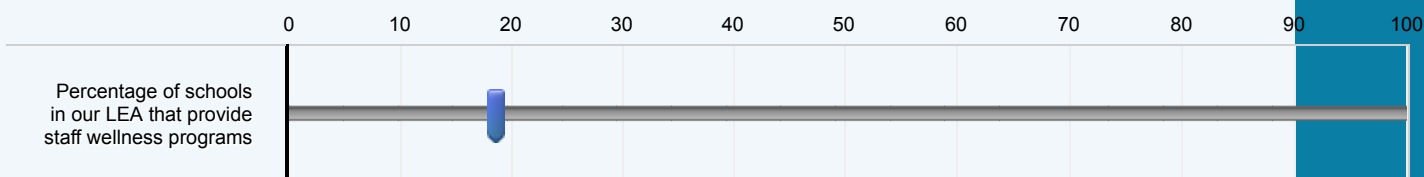
A plan for measuring implementation of the Local Wellness Policy, including designation of an LEA official to maintain responsibility for Local Wellness Policy implementation, compliance and reporting to the public.



Periodic measurement and assessment, available to the public on Local Wellness Policy implementation, including the extent to which schools are in compliance with the Local Wellness Policy, the extent to which the Local Wellness Policy compares to statutory requirements, and a description of the progress made in attaining the goals of the Local Wellness Policy.



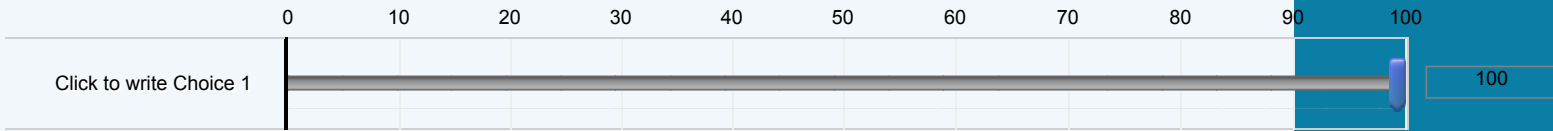
Q20. Please estimate the percentage of schools in your LEA that provide staff wellness programs.



Q21. Please describe the types of staff wellness activities that are offered in your LEA.

Weight Management Support, Fitness Opportunities, Emotional and Mental Health Services, and Financial Education.

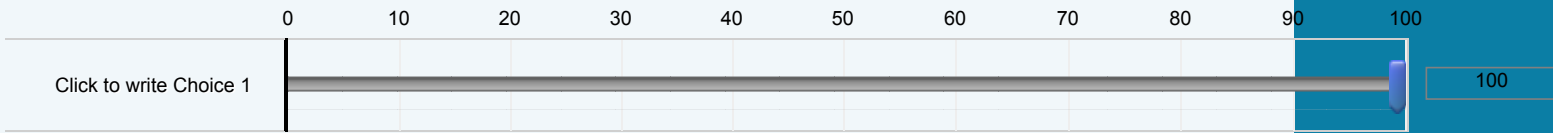
Q19. Please estimate the percentage of elementary students in your LEA that currently receive 150 minutes per week of Physical Education taught by a licensed Physical Education teacher.



Q20. Please describe any challenges/barriers to providing all of your elementary students with 150 minutes of Physical Education per week.

Staffing in a climate of continued budget cuts.

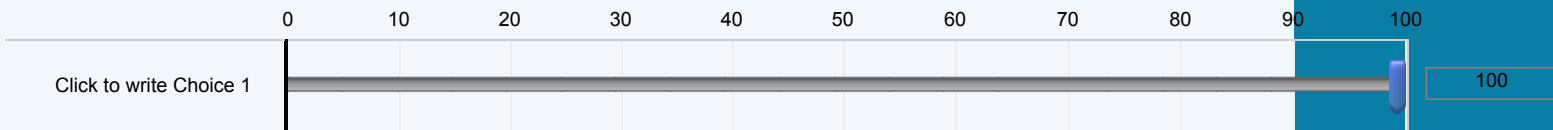
Q21. Please estimate the percentage of middle school students in your LEA that currently receive 225 minutes per week of Healthful Living taught by licensed Health and Physical Education teachers.



Q22. Please describe any challenges/barriers to providing all of your middle school students with 225 minutes of Healthful Living per week.

Staffing

Q23. What percentage of the middle school Healthful Living courses in your district are divided into 50% Physical Education and 50% Health Education?



Q24. Does your LEA require daily:

	Yes	No
Physical Education classes for students in all elementary schools in your district?	<input checked="" type="radio"/>	<input type="radio"/>
Healthful Living classes for students in all middle schools in your district?	<input checked="" type="radio"/>	<input type="radio"/>

Q25. Within your LEA, did any teacher(s) withhold recess, intramurals, physical education, or other physical activity as a punishment? (This includes missing physical activity to make up work or to do extra work.)

- No, there have been no teachers that have withheld any physical activity as punishment.
- Yes, there have been one or more teachers who have withheld physical activity as punishment.

Q26. You indicated that one or more teachers in your LEA withheld physical activity (including physical education, recess, intramurals) as punishment, please indicate how you plan to bring such teachers into compliance with the Healthy Active Children Policy. Include barriers and successful strategies for compliance.

This question was not displayed to the respondent.

Q27. ALL elementary schools in our LEA currently provide 30 minutes of daily moderate to vigorous physical activity.

- Yes
- No

Q28. Which of the following resources are used in your LEA to meet the physical activity requirement at the elementary school level? (Select all that apply.)

- CATCH
- Classroom Energizers
- Intramurals
- Jammin' Minutes
- Physical Education
- Recess
- Take 10!
- Other, please specify:

Q29. Which of the following is the Healthy Active Children Policy incorporated into in your LEA? (Select all that apply.)

- Local Wellness Plan
- Safe Schools Plan
- School Improvement Plan
- Other, please specify:
- None of the above

Q30. Please indicate whether your LEA provides the following:

	Yes	No
Offer a variety of healthful, appealing food and beverage options for students.	<input checked="" type="radio"/>	<input type="radio"/>
Demonstrate a commitment to utilizing non-food related strategies to recognize and reward students.	<input checked="" type="radio"/>	<input type="radio"/>
Offer nutrition education that aligns with national dietary guidelines.	<input checked="" type="radio"/>	<input type="radio"/>

- Offer nutrition education that adheres to state academic standards.
- Offer nutrition education that utilizes integrated instruction.
- Offer nutrition education that is grade-specific.
- Offer nutrition education that is sequential in building skills for students to choose, prepare and consume healthy foods and beverages.
- Offer nutrition education that connects the classroom, cafeteria and community with involvement from teachers, school staff, School Nutrition professionals, families, students and the community.

Q31. Does your LEA have a written community use of facilities policy that allows use of school athletic facilities or other school facilities by community members outside of school hours or when school is in not in session?

- Yes, we have a written community use of facilities policy.
- No, we do not have a written community use of facilities policy, but community members do use school facilities for physical activity.
- No, we do not have a written community use of facilities policy.

Q32. You indicated that your LEA does have a written community use of facilities policy. Please select all of the methods that are used to publicize the policy.

- Email
- Signage
- Website
- Other (please specify)
- None of the above

Q33. Please check the ways in which your LEA has received technical assistance in implementing Coordinated School Health Programs, the School Health Advisory Councils, and the Local Wellness Policy. (Select all that apply.)

	Coordinated School Health Programs	School Health Advisory Councils	Local Wellness Policy
Did not receive technical assistance	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Phone conversation with DPI staff	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
E-mail correspondence with DPI staff	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Local site visit with DPI staff	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Meeting with DPI staff	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Attending professional development events provided by DPI	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
DPI Teleconferences	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Attending professional development events provided by the NC Comprehensive School Health Training Center	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Communications with state public health staff	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Communications with other state agencies	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Website for NC Healthy Schools (nchealthyschools.org)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Webinars	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Website for DPI School Nutrition Services (childnutrition.ncpublicschools.gov)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Q34. Please share any barriers that your LEA has encountered implementing the Healthy Active Children Policy during the 2018-2019 school year.

Q35. Please take this time to highlight any other successes regarding the Healthy Active Children Policy in your LEA that were not mentioned before.

Q36. Do you have a local policy that reflects the Healthy Youth Act (Reproductive Health and Safety Education)?

- Yes
- No

Q39. You indicated that your LEA has a local policy that reflects the Healthy Youth Act (Reproductive Health and Safety Education), when was the policy last updated?

This question was not displayed to the respondent.

Q40. Do you have a local policy that reflects the School Violence Prevention Act (Bullying and Harassment)?

This question was not displayed to the respondent.

Q43. You indicated that your LEA has a local policy that reflects the School Violence Prevention Act (Bullying and Harassment), when was the policy last updated?

This question was not displayed to the respondent.

Q41. Remember to ensure all principals in your LEA complete and sign the Healthy Active Children Policy Principal Attestation Form and keep those documents on file within your LEA. Please forward an electronic copy of the signed Healthy Active Children Policy Superintendent Attestation Form to the attention of Les Spell at Les.Spell@dpi.nc.gov by September 15, 2019.

This question was not displayed to the respondent.

